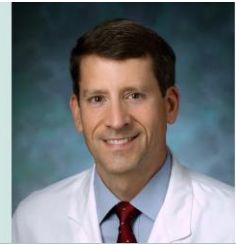




Maryland
CHAPTER

Message from the President

Joseph Marine, MD, FACC



President's Message

May 2019

ACC and Clinician Well-being

Last month marked a significant transition in leadership for Maryland ACC, with the CV Team Liaison role passing from Jill "Jae" Patton, CRNP, to Angela Street, CRNP. Jae is a nurse practitioner at the Center for Heart Failure at St. Agnes Hospital who has significant experience and expertise in arrhythmia device management as well. She has served as CV Team Liaison since 2016 and has led significant growth in CV Team membership and engagement, accomplishments which have been recognized by the ACC at Board of Governors meetings. Jae was inducted as an Associate of the American College of Cardiology (AACC) at ACC.19 in March, and she will continue to represent the mid-Atlantic region on the CV Team Leadership Council. Angela is a nurse practitioner with the interventional and structural heart service at the Johns Hopkins Hospital. We thank Jae for her outstanding service and look forward to working with Angela in her new role.

This month I would like to focus on a subject of increasing importance to the ACC - clinician well-being. A number of studies have pointed to concerning levels of "burnout" in the [medical profession](#), including roughly 47% of cardiologists. This situation has developed despite maintaining a high average level of compensation and stable overall working hours. What is the source, then, of the dissatisfaction?

Several areas which have been identified fall under the category of "administrative burdens". These include the increasing role of EMRs, requirements for prior authorization, and loss of autonomy, efficiency, and control of professional working environment in health systems. I commented on EMRs in a [previous message](#). ACC has recognized the problem of prior authorization in development of the [PARTool online reporting system](#) for problems with prior authorization. The goal is to aggregate a critical mass of information about the problem in order to take it to payors and regulators to find a solution. The ACC plans to help cardiologists positively influence their work environment through its "[health system strategy](#)". In furtherance of that effort, ACC has developed a series of webinars for CV Administrators to highlight the importance of considering clinician wellness in CV service line management. You can access these webinars [HERE](#).

ACC.19 featured a 3 hour [Clinician Wellness Intensive](#) focused on many of the issues relating to clinician well-being. Speakers shared personal stories of burnout and how they overcame it. The session stressed the importance of working at the system level to change work environments as well as acting at the personal level to maintain emotional and physical health. A key takeaway for me was a comment that "if you do not make the time to stay healthy, you will have to make more time to be sick."

A friend of my late father's, a thoracic surgeon, liked to joke that "What's good for the doctor is good for the patient." While he was being facetious, there is some truth embedded in the humor. We clinicians do need to take care of ourselves so that we are better able to care for others. This means maintaining our own health, mental and physical, and keeping in touch with our mission and purpose for our work. Easier said than done, but we must find the way.

FIT to FACC Celebration



The Leadership of the Maryland Chapter, American College of Cardiology invites all of the Fellows-in-Training of Maryland to help us celebrate our graduating classes of FITs.

This festive networking session will include information about what the ACC offers to practicing physicians and how to transition from an FIT to an FACC. Interact with chapter leaders and enjoy the gourmet food and drink of Rye Street Tavern.

Tuesday, May 28
5:30-7:30pm

Rye Street Tavern
225 East Cromwell St.
Baltimore, Maryland

RSVP by sending an email to pres@marylandacc.org by Wednesday, May 22

There is no charge for this event for FITs who are currently enrolled in CV training programs in Maryland.

Parking is available on site.

www.marylandacc.org



MACCS - SAVE THE DATE!

Sunday, November 24
Agenda and Registration coming soon

Some closing notes:

1. FIT-FACC Celebration– Please join us to honor and celebrate Maryland’s current and graduating FITs and share with them the benefits of becoming a Fellow of the College. See sidebar for details.
2. Women Cardiologists Meeting - Join the MDACC Women Cardiologists Section for our Kick-off Event! Join your colleagues for an evening of networking and connections as we kick-off the formation of a member section in Maryland for women who are cardiologists. If interested please email the Chapter’s Project & Program Lead, Holly (holly@marylandacc.org).

Date: June 20th

Time: 5:00pm-7:00pm

Location: Rye Street Tavern
225 East Cromwell Street
Baltimore, MD 21230

3. Stay tuned for the State Chapter ACCPAC challenge next month. ACC will again sponsor a friendly competition among the State Chapters. Help put Maryland in the top 3 this year!

As always, please send MDACC leadership and staff your comments, questions, and suggestions [here](#).

Joseph E. Marine, MD, MBA, FACC